

HOUSE SALADS

CHICKEN CAESAR 12.9
Lettuce, chicken, parmesan cheese, egg, cucumber, croutons & Caesar dressing

MEDITERRANEAN 12.9
Lettuce, feta, mixed peppers, cucumber, slice tomatoes, onions, black olives, oil & lemon juice

HALLOUMI & AVOCADO 12.9
Mixed leaves, cherry tomatoes, cucumber, avocado, grilled halloumi with house balsamic dressing

SALMON & AVOCADO 13.9
Mixed leaves, cherry tomato, red onions, cucumber, avocado & smoked salmon with house dressing

GRILLED CHICKEN SALAD 14.9
Mixed leaves, lettuce, tomato, green olives, onions, cucumber and hot sliced chicken

MAKE YOUR OWN SALAD

CHOOSE

REGULAR / 11.90
1 Deli + 4 Ingredients
1 Dressing + 1 Garnish

LARGE / 12.90
2 Delis + 6 Ingredients
1 Dressing + 1 Garnish

BASE

CHOOSE ONE

- Mixed Leaves
- Crunchy Leaves
- Rocket
- Spinach
- Couscous
- Whole Wheat
- Pasta
- Pasta Fusilli
- Lentil

DELI

ANY ADDITIONAL DELI WILL BE CHARGED EXTRA £2.70

- Avocado
- Bacon (Crispy)
- Blue Cheese
- Butternut Squash
- Grilled Artichokes
- Cooked Chorizo
- Feta
- Falafel
- Jack Cheese
- Mackerel (Smoked)
- Mild Salsa
- Mozzarella
- Parma Ham
- Parmesan
- King Prawns
- Roasted Peppers
- Roasted Chicken
- Breaded Chicken
- Smoked Salmon
- Sun-Blushed Tomato
- Sun-Dried Tomato
- Tuna
- Tuscan Beans
- Meatballs
- Honey Roasted Ham

INGREDIENTS

ANY ADDITIONAL DELI WILL BE CHARGED EXTRA £1.90

- Beetroot
- Black Olives
- Green Olives
- Carrots
- Capers
- Cherry Tomato
- Chickpeas
- Cucumber
- Eggs
- Gherkins
- Jalapeños
- Mushrooms
- Mixed Peppers
- New Potato
- Onions & Garlic
- Petit Pois
- Red Onions
- Sliced Tomato
- Sweet Corn
- Cabbage
- Celery
- Broccoli

DRESSING

CHOOSE ONE

- Balsamic Dressing
- Basil Dressing
- French Dressing
- Hummus
- Lemon & Pomegranate
- Mayo (Low Fat)
- Olive Oil
- Ranch
- Sweet Chilli
- Hot Salsa
- Medium Salsa
- Thousand Island
- Balsamic Vinegar
- Lemon Juice
- Low Fat Blue Cheese
- Low Fat Caesar

GARNISH

CHOOSE ONE + ADDITIONAL £1

- Cranberries
- Croutons
- Crushed Chilli
- Mixed Fresh Herbs
- Seed Mix
- Tortilla Chips

HOT PASTA

CHOOSE

REGULAR / 12.5
1 Deli + 4 Ingredients
1 Dressing + 1 Garnish

LARGE / 13.8
2 Delis + 6 Ingredients
1 Dressing + 1 Garnish

BASE

CHOOSE ONE

- Fusilli Pasta
- Whole Wheat Pasta
- Tortellini (Spinach&Ricotta)

DELI

ANY INGREDIENTS WILL BE CHARGED EXTRA £2.70

- Avocado
- Bacon (Crispy)
- Blue Cheese
- Butternut Squash
- Grilled Artichokes
- Cooked Chorizo
- Feta
- Falafel
- Jack Cheese
- Mackerel (Smoked)
- Mild Salsa
- Mozzarella
- Parma Ham
- Parmesan
- King Prawns
- Roasted Peppers
- Roasted Chicken
- Breaded Chicken
- Smoked Salmon
- Sun-Blushed Tomato
- Sun-Dried Tomato
- Tuna
- Tuscan Beans
- Meatballs
- Honey Roasted Ham

INGREDIENTS

ANY INGREDIENTS WILL BE CHARGED EXTRA £1.90

- Beetroot
- Black Olives
- Green Olives
- Carrots
- Capers
- Cherry Tomato
- Chickpeas
- Cucumber
- Eggs
- Gherkins
- Jalapeños
- Mushrooms
- Mixed Peppers
- New Potato
- Onions & Garlic
- Petit Pois
- Red Onions
- Sliced Tomato
- Sweet Corn
- Cabbage
- Celery
- Broccoli

DRESSING

CHOOSE ONE

- Basil Pesto
- Tomato Basil
- Carbonara Sauce
- Olive Oil
- Arrabbiata
- Extras 80P

GARNISH

CHOOSE ONE + ADDITIONAL £1

- Cranberries
- Croutons
- Crushed Chilli
- Mixed Fresh Herbs
- Seed Mix
- Tortilla Chips

JACKET POTATO

PLAIN WITH BUTTER

5.60

BEANS OR CHEESE
2.00

ANY DELI
FROM THE MENU
2.90

ANY INGREDIENTS
FROM THE MENU
2.00

DELI

Avocado • Bacon (Crispy) • Blue Cheese • Butternut Squash • Grilled Artichokes
Cooked Chorizo • Feta • Falafel • Jack Cheese • Mackerel (Smoked) • Mild Salsa
Mozzarella • Parma Ham • Parmesan • King Prawns • Roasted Peppers
• Roasted Chicken • Breaded Chicken • Smoked Salmon • Sun-Blushed Tomato
• Sun-Dried Tomato • Tuna • Tuscan Beans • Meatballs • Honey Roasted Ham

INGREDIENTS

Beetroot • Black Olives • Green Olives • Carrots • Capers • Cherry Tomato
Chickpeas • Cucumber • Eggs • Gherkins • Jalapeños • Mushrooms
Mixed Peppers • New Potato • Onions & Garlic • Petit Pois • Red Onions
Sliced Tomato • Sweet Corn • Cabbage • Celery • Broccoli

An optional service charge of 10% will be added to your bill.
This is entirely at your discretion and can be adjusted or removed upon request.
We truly appreciate your support and generosity.

